Duties Under Duress

Are there day to day living duties which are painful or difficult for you to perform as a result of the injuries you sustained in the motor vehicle collision?

Include those duties/responsibilities which require that you reduce the time you are capable of performing them. Include all instances where you have received lifting, stretching, bending, sitting, standing, walking or other restrictions which affect your performance.

WorkReason for the difficultyDuration(Performance while experiencing any symptom would be an acceptable reason)

<u>Studies/School</u> Reason for the difficulty Duration (Performance while experiencing any symptom would be an acceptable reason)

Domestic Duties

Examples (List all)	Reason for the difficulty	Duration
Vacuuming		
Taking care of children		
Dishes/Dusting/Laundry		
Preparing meals		
Other domestic		
responsibilities		

(Performance while experiencing any symptom would be an acceptable reason)

Household Duties

Examples (List all)	Reason for the difficulty	Duration
Mowing/Yard work		
Transporting family		
Shopping		
Taking out trash		
Other outside		
responsibilities		

(Performance while experiencing any symptom would be an acceptable reason)

Loss of Enjoyment

Are there areas of your life which you normally would be enjoying, but are currently not enjoying, as a result of the motor vehicle collision?

Include all areas which you have had to reduce the time you are capable of experiencing them. Include all instances where you have received lifting, stretching, bending, sitting, standing, walking or other restrictions which affect your participation in any of the following areas.

WorkReason for the difficultyDuration(Reduction of participation or time associated with this activity while experiencing any symptomwould be an acceptable reason)

Studies/School

Reason for the difficulty

Duration

(Reduction of participation or time associated with this activity while experiencing any symptom would be an acceptable reason)

Hobbies of any kind (example: card playing, jogging, knitting, dancing, socializing, entertainment, vacations, etc. DO NOT INCLUDE SPORTS)

(Reduction of participation or time associated with this activity while experiencing any symptom would be an acceptable reason)

Domestic Duties

Examples (List all)	Reason for the difficulty	Duration
Vacuuming		
Picking up the children		
Dusting		
Making dinner		
Other domestic		
responsibilities		

(Reduction of participation or time associated with this activity while experiencing any symptom would be an acceptable reason)

Household Duties

Examples (List all)	Reason for the difficulty	Duration
Mowing/Yard work		
Transporting family		
Shopping		
Taking out trash		
Other outside		
responsibilities		

(Reduction of participation or time associated with this activity while experiencing any symptom would be an acceptable reason)

Sports

Examples (List all)	Reason for the difficulty	Duration
Social		
Competitive		
Regional		
Other outside		
responsibilities		

(Reduction of participation or time associated with this activity while experiencing any symptom would be an acceptable reason)

Completed telephonically by Date: